

STARTERS

CHICKEN FINGERS - Served spicy or barbeque. Comes with homemade bleu cheese dressing and celery sticks. \$8.49

DELICIOUS CRISPY WINGS - Chicken wings prepared spicy, hot or barbeque and served with celery and homemade chunky bleu cheese dressing for dipping. Order them without the sauce if desired. \$10.99

1 1/2 lbs for 10.99 1 lb for \$8.99 1/2 lb for \$4.99

SWEET POTATO FRIES - Tender sweet potato fries offer a healthier choice. Served with homemade Honey Dijon dipping sauce. \$5.25

CABOT CHEDDAR FRIES - Fries smothered in melted cheddar. \$6.99

Add bacon for \$1.99. Gravy for \$1.29.

BACON CHEDDAR POTATO SKINS - Idaho bakers with crispy bacon and cheddar cheese served with Cabot sour cream on the side. \$8.99

CALAMARI - Lightly seasoned calamari, deep fried and served with homemade marinara sauce. \$8.99

TEX MEX NACHOS - Tortilla chips with spicy beef, refried beans, cheese sauce and cheddar cheese. Served with homemade salsa and Cabot sour cream. \$7.99

Add 6 oz grilled chicken breast for \$3.99. Add additional toppings each for \$1.29.

NACHOS GRANDE - Tortilla chips with cheddar cheese sauce, spicy beef, refried beans, olives, tomatoes, red onions, jalapeños, and cheddar cheese. Served with our homemade salsa and Cabot sour cream. \$9.99

Add 6 oz grilled chicken breast for \$3.99. Add guacamole dip for \$1.29

VEGGIE NACHOS - Tortilla chips with cheddar cheese sauce, refried beans, broccoli, tomatoes, red onions, mushrooms, black olives, and cheddar cheese. Served with homemade salsa and Cabot sour cream. \$8.99

CHIPS & GUACAMOLE DIP - A basket of tortilla chips served with Arvad's homemade guacamole dip. \$4.49

CHIPS & SALSA - Tortilla chips served with homemade salsa. \$3.49

GRAZIN' PLATTER - An assortment of crispy wings, mozzarella sticks and onion rings. Served with dipping sauce. \$10.99

CABOT QUESADILLA - Two flour tortillas stuffed with cheddar cheese grilled. Served with a side of our homemade salsa and Cabot sour cream. \$8.49

Add 6 oz grilled chicken for \$3.99. Add guacamole dip for \$1.29.

BASKET OF ONION RINGS - Onion rings beer battered and deep fried golden brown. \$5.25

MOZZARELLA STICKS - Mozzarella cheese sticks lightly breaded outside and soft and chewy inside. Served with homemade marinara sauce. \$8.99

SPANAKOPITA - Homemade Greek spinach and feta cheese pastry. \$6.49

CONCH FRITTERS - Ample sampling of a famous Caribbean snack served with tartar sauce. \$8.99

SALADS

BABY SPINACH SALAD - Fresh baby spinach topped with Gorgonzola cheese, candied walnuts, grape tomatoes and bacon crumbles. Drizzled with a homemade Vermont maple Dijon vinaigrette. \$9.49

CAESAR - Romaine lettuce, homemade croutons and freshly shaved parmesan cheese tossed with Caesar dressing. Feel free to add anchovies. \$7.99

Add grilled 6 oz chicken breast or fried calamari \$3.99

MOUNTAIN OUTRAGEOUS - Romaine lettuce, piled high with sliced marinated grilled chicken breast, cheddar cheese, carrots, red cabbage, cucumbers, tomatoes, bacon, red onions, and black olives. \$9.99

SANTA FE CHICKEN - Romaine lettuce with guacamole dip, tomatoes, cucumbers, spicy fried chicken strips, red onions and cheddar cheese, and garnished with tortilla chips. Served with homemade salsa. \$9.99

GARDEN - Crisp Romaine lettuce, red cabbage, carrots, cucumbers and tomatoes.
Small \$3.49 Large \$5.49

MEXICAN LAYERED SALAD - A large house salad with refried beans, Mexican beef, pulled pork, cheese sauce, and cheddar cheese topped with guacamole dip and tortilla chips. Served with our homemade salsa. \$9.99

ASIAN CHICKEN SALAD - This salad starts with romaine lettuce and marinated grilled chicken topped with a sesame ginger sauce made with Mandarin oranges, red onions, and topped with carrots, sliced almonds and crunchy lo mein noodles. \$9.49

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| HOMEMADE DRESSINGS: Bleu Cheese, Creamy Dill, Honey Dijon, Balsamic Vinaigrette, Buttermilk Ranch |
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SOUPS

FRENCH ONION SOUP - Homemade french onion soup served in a crock and topped with a crouton, Swiss and provolone cheeses and broiled. \$5.99

CHEF'S SOUP OF THE DAY - Bowl \$4.50 Cup \$3.50

NEW ENGLAND CLAM CHOWDER - A rich heavy cream base with chunks of potatoes, Ipswich clams and a hint of smokiness. Bowl \$4.99 Cup \$3.99

HALF SANDWICH & A BOWL OF SOUP OR GARDEN SALAD - Your choice of Tuna Salad, Amish Chicken Salad, McKenzie Turkey and Cabot Cheddar, Ham and Swiss, or Organic Vermont Peanut Butter and Jelly. \$8.25

For an additional \$1.50 choose the French Onion Crock as your soup.

SANDWICHES AND WRAPS

All sandwiches include a choice of broccoli salad, cottage cheese, potato chips, coleslaw, or fries. For an additional \$1.29 add onion rings or sweet potato fries.

- SALMON BURGER** - 100% Atlantic salmon made into a burger patty seasoned with Cajun spice. \$8.79
- VEGGIE PESTO BURGER** - A low fat "Gardenburger" served with pesto then topped with melted Cabot cheddar cheese. \$8.99
- BISON BURGER** - A leaner alternative that is lower in fat. \$9.79
Add Cabot cheddar cheese for \$1.49
- BUFFALO CHICKEN** - Crispy fried chicken breast smothered with our famous hot wing sauce served with a side of homemade bleu cheese dressing. \$8.99
- CALIFORNIA CHICKEN** - Marinated grilled chicken breast topped with guacamole dip and Cabot cheddar cheese. \$9.29
- ROADSIDE CHICKEN SANDWICH** - Marinated chicken breast topped with barbecue sauce, sautéed onions, bacon, and melted Cabot cheddar cheese. \$9.29
- GRILLED CHICKEN SANDWICH** - Marinated grilled chicken breast. \$8.25
- CHICKEN PARMESAN** - Crispy fried chicken breast, topped with homemade marinara sauce, provolone cheese and garlic aoli. \$9.29
- AMISH CHICKEN** - A light and fruity chicken salad with dill mayonnaise, served on hearty wheat with romaine lettuce and tomato. Favorite since 1989. \$8.49
- SANTA FE CHICKEN WRAP** - Garlic wrap filled with Romaine lettuce, tomatoes, cucumbers, spicy fried chicken strips, red onions, and Cabot cheddar cheese. Guacamole dip served on the side. \$9.49
- CALIFORNIA WRAP** - A warmed garlic wrap filled with grilled chicken, Romaine lettuce, diced tomatoes, and melted Cabot cheddar cheese. Served with a side a guacamole dip. \$8.99
- ARTISAN RUSTIC PHILLY** - Thin slices of in- house prepared roast beef, piled on crusty roll topped with sautéed onions, peppers and smothered in melted provolone cheese. \$9.89
- REUBEN** - Corned beef on pumpernickel with Swiss, sauerkraut, and Thousand Island dressing. \$8.99
- TURKEY AND CABOT CHEDDAR** - McKenzie turkey breast with Cabot cheddar cheese served on hearty wheat bread. \$8.99
- TURKEY REUBEN** - McKenzie turkey on pumpernickel with Swiss, sauerkraut, and Thousand Island dressing. \$9.49
- TRUE VERMONT** - McKenzie turkey, Macintosh apple slices, and Cabot cheddar cheese on hearty wheat. \$9.49
- GRILLED HAM AND SWISS** - Grilled ham and Swiss served on pumpernickel. \$8.49
- GRILLED CABOT CHEDDAR AND TUNA** - Grilled tuna and Cabot cheddar on hearty wheat with tomato slices. \$9.49
- RARE ROAST BEEF SANDWICH** - Thin slices of in-house roast beef, provolone cheese, red onion, Romaine lettuce, tomato, and a zesty mayonnaise served on hearty wheat. \$9.79

VERMONT BOYDEN BEEF BURGERS

Cambridge, Vermont family- operated farm. Grown naturally with no hormones.

ULTIMATE BURGER - A 1/3 pound of fresh Vermont Boyden beef grilled and topped with sautéed onions, green peppers, mushrooms, crispy strips of bacon and finished with barbecue sauce and melted Cabot cheddar cheese. \$10.79

CHEESEBURGER - a 1/3 pound fresh Vermont Boyden beef with a choice of American, Cabot cheddar, Provolone, Swiss or Gorgonzola cheese. \$9.49
Add bacon for \$.99

CALIFORNIA BURGER - 1/3 pound fresh Vermont Boyden beef smothered in guacamole dip and melted Cabot cheddar cheese. \$10.49

THE BOYDEN BURGER - 1/3 pound of fresh Vermont Boyden beef. \$8.49

GREEK BURGER - 1/3 pound Vermont Boyden beef topped with sundried tomatoes, provolone cheese and baby spinach. \$10.79

COMFORT FOOD

MEMPHIS BBQ PORK SANDWICH - In house slow cooked pork. Slow cooked for several hours and hand pulled. Smothered in Stephan's homemade sweet and tangy barbecue sauce. \$9.49

CLAM PLATE - Jumbo clam strips along with coleslaw, fries and tartar sauce. \$9.99

THE "CUBAN" PANINI - Crusty roll, BBQ pulled pork, ham, bacon and Cabot cheddar cheese with roasted garlic aoli. \$9.25

JOEY'S BARBECUE MEATLOAF PANINI - Homemade meatloaf with sauted onions, Stephan's homemade barbecue sauce, Cabot cheddar cheese in a Red Hen rustic roll. \$9.79

BURRITOS - A flour tortilla served with a choice of filling. Topped with homemade salsa, cheddar cheese. Cabot sour cream served on the side. Choice of fillings: beef, pulled pork, refried beans. \$8.99

JALAPENO MAC AND CHEESE - Homemade jalapeno cheddar cheese sauce tossed with penne pasta, broccoli, diced tomato and baked. \$9.25

ROAST BEEF AND BACON MELT - Our in house roast beef served open faced on a Red Hen rustic roll with bacon, garlic aoli and melted Swiss cheese. \$9.79

DELUXE "GRILLED CHEESE " PANINI - A twist on an old favorite. Red Hen rustic roll filled with Swiss, Cabot cheddar and provolone cheeses, sliced tomato and basil pesto. Panini pressed till the cheese is bubbling. \$8.49

SIDES

COLESLAW \$1.29
COTTAGE CHEESE \$1.75
BROCCOLI SALAD \$1.29

BASKET OF FRIES \$3.99
REFRIED BEANS \$1.29
BAG OF CHIPS \$1.00

15% gratuity may be added to parties of 6 or more.

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

July 2011